

Lenten Prayers

VESPERS - EVENING PRAYERS (pages 1-9)

LEADER : In the + Name of the Father and of the Son, and of the Holy Spirit, one true God:

RESPONSE : Glory be to Him and may His Grace and mercy be upon us forever.

-Amen

LEADER : Holy, Holy, Holy, Lord God Almighty, by whose glory, the heaven and the earth are filled; Hosanna in the highest.

RESPONSE : Blessed is He, who has come, and is to come, in the name of the Lord; Glory be to Him in the highest.

Trisagion

LEADER : Holy art Thou, O God!

RESPONSE : Holy art Thou, Almighty,

Holy art Thou, Immortal,

+ Crucified for us, have mercy on us.

(Repeat thrice)

LEADER : Lord, have mercy upon us,

RESPONSE : Lord, be kind and have mercy,

Lord, accept Thou our office, and our entreaties;

Have mercy on us.

LEADER : Glory be to Thee, O God!

RESPONSE : Glory be to Thee, O Creator,

Glory be to Thee, O King, Christ, who dost pity sinners, Thy servants.

+ Barekmor.

Lord's Prayer

LEADER : Our Father, who art in Heaven:

RESPONSE : Hallowed be Thy Name, Thy Kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses and sins, as we forgive those who trespass against us. Lead us not into temptation; but deliver us from the evil one. For Thine is the Kingdom, the power, and the glory, forever and ever. **- Amen**

Hail Mary

LEADER : Hail, Mary, full of Grace:

RESPONSE : Our Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, our Lord Jesus Christ. O Virgin Saint Mary, O Mother of God, pray for us sinners, now and at all times, and at the hour of our death. **- Amen**

Karthaave ninne snehichavaraaya

LEADER : O Lord grant good remembrance and comfort to our departed ones, and make them worthy to stand at Thy right hand, among the blessed martyrs who loved Thee and the holy saints who pleased Thee by their deeds.

RESPONSE : O Lord, Thy holy church cries aloud to Thee for her children and beseech Thee. O Lord, may Thy people who have borne Thee by Holy Baptism attain Thy salvation and not be condemned to the hell fire. Amen.

Anugrahagal Niranjirikkunnavane

LEADER : O Thou, full of mercy, renew Thy creation at the resurrection:

RESPONSE : O Lord, comfort and absolve our departed ones, who died with hope in Thee, and await Thy coming. O Lord, make them dwell in the bosom of Abraham, and of Isaac and of Jacob. May the living and the departed together cry out, 'Blessed is He, who has come, and is to come, and give life to the dead'. **Amen**.

Prayer

LEADER : O Lord may our fasting and prayers become fragrance, acceptable before you, as sweet smelling incense. Holy lent is the symbol of victory and a weapon undefeatable before the enemy.

RESPONSE: O Lord, may our prayers be pleasing to you. May our requests enter before you as sweet smelling incense. O Lord we call upon thee, come for our help, hear our prayer and have mercy upon our souls. O Lord Jesus Christ, who received the fasting of the righteous and the saintly, accept our fasting and prayers and have mercy upon us

Moran Yeshu Meshiha

LEADER : O Jesus Christ, our Lord, close not the door of Thy mercy upon our faces. We confess, we are sinners; have mercy upon us:

RESPONSE : O Lord, Thy love for us didst make Thee to come down to us from Thy place, that by Thy death, our death be abolished. Have mercy upon us.

Amen

PSLAMS 4 (Ente neethi yaya daivama...)

LEADER : Answer me when I call, O God of my righteousness! Thou hast given me room when I was in distress. Be gracious to me, and hear my prayer.

RESPONSE : O men, how long shall my honor suffer shame? How long will you love vain words, and seek after lies?

LEADER : But know that the LORD has set apart the godly for himself; the LORD hears when I call to him.

RESPONSE : Be angry, but sin not; commune with your own hearts on your beds, and be silent.

LEADER : Offer right sacrifices, and put your trust in the LORD.

RESPONSE : There are many who say, "O that we might see some good! Lift up the light of thy countenance upon us, O LORD!"

LEADER : Thou hast put more joy in my heart than they have when their grain and wine abound.

RESPONSE : In peace I will both lie down and sleep; for thou alone, O LORD, make me dwell in safety.

Karthu karthave

We call upon Thee, Lord our master, come to our help; Hear our petition and have mercy on our souls.

*Lord of angels and watchers, Lord our Master,
Hear our petition and have mercy on our souls.*

Father, Son and Holy Spirit, enlighten our mind. In faith I knock at thy door, answer me in Thy mercy

Open my eyes to behold Thy truth and worship Thy holy name. Protect my youth, as I have trusted in thy mercy.

Give us life through your blessings. Your mercy and refuge is our fortress

Give to me, Lord, a pure heart. Grant to my intellect the wisdom of salvation now Thy absolute perfection

Vest me with spiritual weapon, against the evil one. Seal me with Thy holy name and deliver my life from destruction.

*I have followed Thee with love for Thy goodness,
May I not be ashamed Hover Thy right hand over me, Lord.*

My Master and merciful Father I intend to belong entirely to Thee, and I adore Thee.

*I have obtained the mercy and grace that I prayed for.
Like a merchant let my intellect collect the good from Thy treasures.*

Give me the true book for me to read I am Thy servant, Lord, and the son of Thy handmaid. Give me life because of Thy Holy name.

I received Thy sacred body and drunk Thy precious blood; let me live by Thee.

Let Thy holy cross (+) be a fortress protecting me from deception. I have called upon Thee and prayed to Thee, Lord.

Hover Thy right hand over me. O Good Shepherd! Make me a lamb of Thy flock.

Glory to Thy name, Father of the world and king of life; Like oblation let my Prayers enter before Thy majesty.

Thou who hear all and accept the petitions, listen to our prayers and have mercy on us.

—PSLAMs 91—

(Uyarapettavante Rehasya —sthalathirickunnavan)

LEADER: He who dwells in the shelter of the Most High, abides under the shadow of the Almighty, he shall say to the LORD,

RESPONSE: “You are my refuge and my strong hold, my God in whom I put my trust.”

LEADER: He shall deliver you from the snares of the hunter and from the deadly pestilence.

RESPONSE: He shall cover you with His pinions, and you shall find refuge under His wings; His faithfulness shall be a shield and buckler.

LEADER: You shall not be afraid of any terror by night, nor of the arrow that flies by day.

RESPONSE: Of the plague that stalks in the darkness, nor of the sickness that lays waste at mid-day.

LEADER: A thousand shall fall at your side and ten thousand at your right hand, but it shall not come near you.

RESPONSE: Your eyes have only to behold to see the reward of the wicked.

LEADER: Because you have made the LORD your refuge, and the Most High your habitation.

RESPONSE: There shall no evil happen to you, neither shall any plague come near your dwelling.

LEADER: For He shall give His angels charge over you, to keep you in all your ways.

RESPONSE: They shall bear you in their hands, lest you dash your foot against a stone.

LEADER: You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet.

RESPONSE: Because he is bound to Me in love. I will deliver him; I will protect him, because he knows My name.

LEADER : He shall call upon Me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honor.

RESPONSE: With long life will I satisfy him and show him My salvation.

— PSLAMS 121—

LEADER : I lift up my eyes to the hills; from where is my help to come.

RESPONSE : My help comes from the LORD, the maker of heaven and earth.

LEADER : He will not let your foot be moved and He who watches over you will not fall asleep.

RESPONSE: Behold, He who keeps watch over Israel shall neither slumber nor sleep.

LEADER : The LORD Himself watches over you; the LORD is your shade at your right hand.

RESPONSE: So that the sun shall not strike you by day, nor the moon by night.

LEADER: The LORD shall preserve you from all evil; it is He Who shall keep you safe.

RESPONSE: The LORD shall watch over your going out and your coming in, from this time forth and forevermore.

ALL (TOGETHER): Praise is due to Thee, O God, **Barekmor.**

Prayer of Mor Severus

LEADER : O Lord who sittest in the secret place of the Most High. Shelter us under the shadow of the wings of Thy mercy and have compassion upon us.

RESPONSE: Thou, who hearest all things in Thy loving kindness, hearken to the supplication of Thy servants.

LEADER : Grant us O Messiah. Our Saviour, a peaceful evening and a sinless night; for Thou art a glorious King and unto Thee, are our eyes lifted up.

RESPONSE: Forgive our debts and our sins: have mercy upon us both in this world and in that to come.

LEADER : May Thy loving kindness shelter us O Lord, and Thy grace be upon our faces. May Thy + cross protect us from the evil one and his hosts.

RESPONSE: Let Thy right hand overshadow us all the days of our lives, and Thy peace eign among us. Do Thou give hope and salvation to the souls that pray to Thee.

ALL (TOGETHER): By the prayers of St. Mary, Thy Mother, and of all Thy Saints, O God forgive us our debts, and have mercy upon us.

Amen

Praise of the Cherubim(Ezekiel 3:12)
(Ennekkum Thante Idathil Ninum)

LEADER : + Blessed is the glory of the Lord, from His place forever;

RESPONSE : + Blessed is the Glory of the Lord, from His place forever,
+ Blessed is the glory of the Lord, from His place forever and ever.

LEADER : Holy and glorious Trinity, have mercy upon us;

RESPONSE : Holy and glorious Trinity have mercy upon us,
Holy and glorious Trinity, have compassion and mercy upon us.

LEADER : Holy art Thou, and glorious forever;

RESPONSE : Holy art Thou, and glorious forever,
Holy art Thou and blessed is Thy Name, forever and ever.

LEADER : Glory be to Thee, O Lord,

RESPONSE : Glory be to Thee, O Lord,
Glory be to Thee, ever our hope, *Barekmor*.

LEADER : Our Father who art in Heaven...

LEADER : Hail Mary, full of grace...

The Nicene Creed

LEADER: We believe in one true God:

RESPONSE: The Father Almighty, maker of heaven and earth, and of all things, visible and invisible

And in One Lord Jesus Christ, the only begotten Son of God; begotten of the Father before all worlds, light of light, very God of very God; begotten, not made; being of the same substance with the Father, and by whom all things were made,

+ WHO FOR US MEN, AND FOR OUR SALVATION, CAME DOWN, FROM HEAVEN,

+ AND WAS INCARNATE OF THE HOLY VIRGIN MARY, MOTHER OF GOD, BY THE HOLY GHOST AND BECAME MAN,

+ AND WAS CRUCIFIED FOR US IN THE DAYS OF PONTIUS PILATE AND SUFFERED, AND DIED, AND WAS BURIED.

And the third day rose again, according to His will; and ascended into heaven, and sat on the right hand of the Father, and shall come again in His great glory, to judge both the living and the dead, whose kingdom shall have no end,

And in the one living Holy Spirit, the life- giving Lord of all, who proceeds from the Father and who with the Father and the Son is worshipped and glorified: who spoke by the prophets and Apostles,

And in One, Holy Catholic (Orthodox) and Apostolic Church: and we acknowledge one Baptism for the remission of sins and look for the resurrection of the dead: and the new life in the world to come. **Amen, Barekmor, + Stoumenkalos, Kurielaison, Kurielaison, Kurielaison.**

Compline (Shayana Namaskaram) Prayer before retiring to sleep

Kauma

LEADER: Our Father who art in Heaven...

LEADER: Hail Mary, full of grace...

Karunayulla Deyvame...

LEADER : O merciful God, the voice of our prayer knocks at Thy door; prevent not from Thy devotees the petitions of their needs:

RESPONSE: We call upon Thee, O God, to assist us in our infirmities O Good one, hearken to the voice of our supplication, and grant our petitions in Thy mercy.
Amen

Mor Ephrem's Boovooso (Njangalkulla Karthave)

1. **Lord, Thy mercy on us cast,
Use our service, ev'ry piece,
Grant us from Thy treasure vast
Mercy, blessing and release,**
2. Let me, Lord, before Thee stand,
Wakefully my watch I'd keep,
Should I fall to slumber's hand,
Guard Thou me from sinful sleep
3. **Waking, if to wrong I take,
Mercifully absolve Thou me;
Sleeping, if a sin I make,
Pardon grant in clemency.**
4. By the + cross of Thy disgrace
Grant me, Lord, a restful sleep,
Evil dreams do Thou efface,
Wicked thoughts far from me keep.
5. **Through the night conduct me, Lord,
Peaceful sleep give Thou to me
Lest foul thoughts in me find hoard,
Phantoms lest a terror be.**
6. Grant Thy angel's watchful view,
Guard my limbs without abate,
Hateful lusts in me subdue,
By Thy living flesh I ate.

7. **While I lie and sleep in calm,
May Thy blood my keeper be.
Let my soul dwell free from qualm
In Thine image mad'st Thou me.**
8. Overshadow with Thy hand,
Me, a handicraft of Thine,
Let me in Thy fortress stand,
Mercy shielding round be mine.
9. **While my body silent lies,
May Thy pow'r its vigil keep,
Let my breath like incense rise,
T'ward Thy greatness in my sleep.**
10. Let not evil touch my bed,
By Thy mother's pleas for me,
By Thy blood atoning shed,
Satan's harm remov—ed be.
11. **Since Thy word abides the same,
Guarded by Thy cross I'd be;
Waking, I shall praise Thy Name,
Who didst love e'en feeble me.**
12. Grant O Lord, a list'ning ear,
With desire to do Thy will;
Let Thy peace at eve be near,
Night Thy righteousness fulfill.
13. **Saviour Christ, our hearts inspire,
Thee to see effulgent bright—
Thee whose honour shines as fire,
Worshipped by all sons of light.**
14. Jesus, Saviour of the World,
Thou who dwellest in the light,
Praise we Thee for love unfurled—
Mercy, now with future bright.
15. **Lord, our God, we give Thee praise.
Praise a thousand thousand fold
Tens of thousands praises raise,
Mercy now, till time untold.**
16. Praise to thee, to thee be praise,
angels serve Thee and adore
Lord of Angels, we too raise.
Prayers and worship all the more
17. **Praise to thee who art our boast,
One true God and one alone;**

**Father, Son and Holy Ghost,
One in three, and three in one.**

18. Praise the Lord, who always hears,
prayers of feeble fold like us,
Who regards repentant tears,
as first-fruits, gifts offered thus.
19. **Earthly ones do give thee praise,
Countless as the leaves of trees.
Thee, whose glory angels raise,
serving thee as thou dost please.**
20. Setting minds above the sod,
Thank we God and exalt Him;
Who exists as one true God,
Father, Son and Holy Spirit
21. **So that you may praise the Lord,
True precepts you strive after;
Flee from mortal poisons,
Such as silver, gold and wealth.**
22. Do fasting for forty days,
Caring and feeding the hungry:
Like David, son of Jesse
pray you seven times a day
23. **Prophets Moses, Elijah,
Fasted they for forty days;
Overcame the Lord his foe,
By his forty days of fast**
24. Open door of grace for us,
Now accept our humble prayers;
Like those offered long ago
from deep sea and cave and fire
25. **Thou who hearest pray'rs to Thee,
Supplications who dost heed,
Hear us reconcil—ed be,
Mercy show, and grant our need.**
Kurielaison, Kurielaison, Kurielaison.

Shudhamulla Bava

LEADER: O Holy Father, guard us by Thy Sacred Name. O Son of God, our Saviour,
protect us with Thy victorious + cross:

RESPONSE: O Holy Spirit, make us worthy temples of Thy holy habitation. O Lord, our
God forever shelter us under Thy divine wings, at all times, forever.

Amen.

MATINS - MORNING PRAYERS (pages 10-16)

LEADER : In the + Name of the Father and of the Son, and of the Holy Spirit, one true God:

RESPONSE : Glory be to Him and may His Grace and mercy be upon us forever. **-Amen**

LEADER : Holy, Holy, Holy, Lord God Almighty, by whose glory, the heaven and the earth are filled; Hosanna in the highest.

RESPONSE : Blessed is He, who has come, and is to come, in the name of the Lord; Glory be to Him in the highest.

Trisagion

LEADER : Holy art Thou, O God!

RESPONSE : Holy art Thou, Almighty,
Holy art Thou, Immortal,
+ Crucified for us, have mercy on us.

(Repeat thrice)

LEADER : Lord, have mercy upon us,

RESPONSE : Lord, be kind and have mercy,
Lord, accept Thou our office, and our entreaties; Have mercy on us.

LEADER : Glory be to Thee, O God!

RESPONSE : Glory be to Thee, O Creator,
Glory be to Thee, O King, Christ, who dost pity sinners, Thy servants.

+ Barekmor.

Lord's Prayer

LEADER: Our Father, who art in Heaven:

RESPONSE: Hallowed be Thy Name, Thy Kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses and sins, as we forgive those who trespass against us. Lead us not into temptation; but deliver us from the evil one. For Thine is the Kingdom, the power, and the glory, forever and ever. **- Amen**

Hail Mary

LEADER: Hail, Mary, full of Grace:

RESPONSE: Our Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, our Lord Jesus Christ. O Virgin Saint Mary, O Mother of God, pray for us sinners, now and at all times, and at the hour of our death.

- Amen

Urakkamillatha Unarvullavan

LEADER : O Lord, awaken us from our slumber who are immersed in sin, that we may extol Your watchfulness. O Vigilant one, who do not, redeem us mortals, from our slumber to death and corruption, that we may worship Your mercy.

RESPONSE : O everlasting and immortal God, make us worthy to adore and glorify You with holiness; in the glorious company of the angels of heaven who adore You. O Father, Son and Holy Spirit, we praise You; for You are glorious and blessed, both in heaven and earth, now and always forever. **- Amen**

Karthaave ente kidakkamelvachu nine

LEADER: O my Lord, there is no night in my life that I do not remember you. I remember in the night that you have no sympathy over those who do not repent of their sins. I heard the voice of Daniel telling of a fiery river flowing from you. Woe to me that my sins are numerous. O Lord, how will I cross the fiery river unless thy grace beseeches you and unless thy mercy is upon me. O Lord, according to your kindness, have mercy upon me.

RESPONSE: O Lord, our Master, where can I go from before You? Where can I flee from Your presence? If I go up to the heavens, your eternal presence is there; if I descend to the depths, you are there. Therefore, O Lord, be kind and have mercy upon me, and let me stand at your right side, because nobody is righteous before you.

LEADER : O Lord we call upon you. Come to our aid, hear our supplication, and have mercy upon us. Lord answer us and have mercy upon us. Turn our hearts to repentance.

Praise of the Cherubim (Ezekiel 3:12) (Ennekkum Thante Idathil Ninum)

LEADER : +Blessed is the glory of the Lord, from His place forever;

RESPONSE : +Blessed is the Glory of the Lord, from His place forever;
+Blessed is the glory of the Lord; from His place forever and ever,

LEADER : Holy and glorious Trinity, have mercy upon us;

RESPONSE : Holy and glorious Trinity have mercy upon us;
Holy and glorious Trinity, have compassion and mercy upon us.

LEADER : Holy art Thou, and glorious forever.

RESPONSE : Holy art Thou, and glorious forever.
Holy art Thou and blessed is Thy name, forever and ever,

LEADER : Glory be to Thee, O Lord,

RESPONSE : Glory be to Thee, O Lord,
Glory be to Thee, ever our hope,

Barekmor.

Karthave Ninne Anukoolamakkunnavarude

LEADER : Have mercy upon us, O Lord, by the prayers of Thy saints, who pleased You by their lives.

RESPONSE: The prophets who spoke of You in the spirit, the Apostles who announced Your revelation and the Martyrs who died for the love of You shall pray to You for us; have mercy upon us. Pray for us, all ye Saints, to Him whose will you performed, that He may remove and avert from us punishments and rods of rage. O Lord, by their supplications and intercessions, absolve us, and our departed ones. Amen.

LEADER: O Lord, since I have not condemned Your holy Name, do not put me to shame. O Lord, acknowledge me before your Father, because I acknowledge you before men. Make me worthy to enjoy Your salvation because I ate your body and drank your blood. When you arrive in the glorious company of your angels, remit our sins by Your mercy.

RESPONSE: The arrival of the Son of God is at hand. Like the witnessing of the apostle, the end of the world is at the door. Blessed is he who finds mercy at the judgment.

LEADER : O Lord, have mercy upon us and accept our service. From Your treasure house, grant us kindness, mercy, and forgiveness of sins.

RESPONSE: O Lord, who hears our prayer and accepts our petitions, hear our prayers, reconcile with us, and grant our petitions by Your mercy.

LEADER : O Lord, the ocean of mercy, You are a peaceful harbor for those who call upon You. Like you lifted up Simon Peter from the ocean, lift us up from the sinfulness of this world.

RESPONSE: O Lord, because you are impartial at judgment, we sinful ones mourn. O Lord, by Your grace be kind and have mercy upon us at that time when the book of life is opened and Your righteousness judges our sins. O Lord, may Your grace appeal to Your justice and grant us forgiveness of our sins. **Amen.**

LEADER: + Halleluiah, Halleluiah, Halleluiah,
Glory be to Thee, O Lord;

RESPONSE: + Halleluiah, Halleluiah, Halleluiah,
Glory be to Thee, O Lord;
+ Halleluiah, Halleluiah, Halleluiah,
Glory be to Thee, O Lord.

Manogunamulla Deyvame

LEADER: O Merciful Lord, Have mercy upon us in Your loving kindness.

RESPONSE: In Eucharist and prayers let us, remember our fathers, who while they lived, taught us to be the children of God. The Son of God shall grant them

rest in the kingdom of Heaven, with the just and the righteous, in the world eternal. O Lord, have mercy upon us, and help us. **Amen.**

Trithuathinu Sthuthi

LEADER : Glory be to the Trinity,

RESPONSE: Glory be to the Trinity,
Glory be to the Trinity,
Exalted, self-existent, and eternal.
Meet unto Thee, O God, is Glory at all times. **Barekmor**

Kalpana langhanathaal edanil kadappettu

LEADER: The debts and sins of the human race that arose through the transgression of Your commandments at Eden, are being forgiven through lent. The doors of Paradise are opened through this lent for the salvation of Adam. Daniel observed the lent and he overcame the lions. Hananiah and other children survived the flames of fire by the lent. Elijah ascended to heaven in a fiery chariot. Joshua, son of Nun, made the sun and moon in the skies stand still. Blessed is he who observes the lent and fasting with joy. Salvation and a joyful bridal chamber open for him. Lord, open your merciful door to us. Do not give us times of hardship. Where will we knock if you close your doors before us? Have kindness towards us who are created in Your Image. Do not forsake us. Do not cast us from your presence because of the stench of our transgressions.

RESPONSE: Have mercy on us O Lord who emancipated us by Your lent. O Messiah who fasted for us, praise be to You, to Your Father, and to Your Holy Spirit. Accept our lent and prayer, and have mercy on us in this world and in that to come.

ANGELIC HYMN (*Melulla Uyarangalil...*)

LEADER: Just as the exalted angels and the Archangels of heaven, sing praises to You, so like them, we frail and earthly ones, glorify You and say at all times and in all moments.

RESPONSE: Glory be to God on high, and on earth peace and concord and good hope to men:

LEADER: We praise You, we glorify You, we worship You; songs of praise, we raise to You.

RESPONSE: We praise You, for the greatness of Thy glory, O Lord Creator, heavenly king, God the Father Almighty; and You, O Lord God, only begotten Son, Jesus Christ; and You O Holy Spirit.

LEADER: O Lord God. Lamb of God, Son and word of the Father, who bearest, and hast borne the sins of the world, have mercy upon us.

RESPONSE: Thou who bearest, and hast borne the sins of the world, incline Thine ear to us and accept our prayer.

LEADER : Thou who sittest in glory, at the right hand of the Father, have compassion and mercy upon us:

RESPONSE: For, Thou art, and alone Thou art holy O Lord, Jesus Christ, with the Holy Spirit, for the glory of God the Father.

LEADER : At all times, and in all the days of our lives, will we bless You, and Praise Thy Holy Name, blessed for ever, O Thou who art, and abides, for ever and ever.

RESPONSE: Almighty God, God of our fathers blessed art Thou and glorious is Thy Name, and exalted by praises forever and ever.

ALL : Meet to You is glory; becoming to You is praise befitting to You is adoration. O God of all, the Father of Truth, with Thine Only begotten Son, and the living Holy Spirit, now and always, forever and ever. **Amen.**

Moran Yesu Meshiho

LEADER: O Jesus Christ, our Lord, close not the door of Thy mercy upon our faces, we confess, we are sinners; have mercy upon us.

RESPONSE: O Lord, Thy love for us didst make You to come down to us from Thy place, that by Thy death, our death might be abolished, have mercy upon us. **Amen.**

Kauma (Trisagion)

LEADER: Holy art Thou, O God!

RESPONSE: Holy art Thou, Almighty
Holy art Thou, Immortal,
+ Crucified for us, have mercy on us.

(Repeat thrice)

LEADER : Lord, have mercy upon us,

RESPONSE : Lord, be kind and have mercy,
Lord, accept Thou our offices, and
our entreaties; Have mercy on us.

LEADER : Glory be to Thee, O God!

RESPONSE : Glory be to Thee, O Creator,
Glory be to Thee, O King, Christ, who dost pity sinners,
Thy servants.

+ Barekmor.

LEADER : Our Father, who art in Heaven...

LEADER : Hail, Mary, full of Grace...

PSALM: 51 (*Deyvame Ninte Krupa Poley..*)

LEADER : Have mercy upon me, O Lord, according to Your loving kindness, and according to the multitude of Your mercies, blot out my transgressions.

RESPONSE: Wash me from my iniquity and cleanse me from my sins; for I acknowledge my transgressions, and my sins are ever before me.

LEADER : Against You, You only, have I sinned, and done evil before You. For Thou shall be justified Your word, and blameless in Your judgment. For I was born in iniquity and in sins did my mother conceive me.

RESPONSE: For Thou hast desired the truth, and made known to me the mysteries of Your wisdom. Sprinkle upon me with Your hyssop; purge me with it, and I shall be whiter than snow.

LEADER : Fill me with Your joy and gladness, and my feeble bones shall rejoice. Turn Your face from my sins, and blot out all mine iniquities.

RESPONSE: Create in me a clean heart, O God, and renew within me a right spirit. Cast me not away from Your presence, and take not Your Holy Spirit from me.

LEADER : Restore to me the joy of Your salvation; and may Your glorious spirit uphold me. Then will I leach the iniquitous Your way, and the sinners shall be converted to You.

RESPONSE: Deliver me from blood—guiltiness, O God, the God of my salvation, and my tongue shall extol Your righteousness. O Lord, open my lips, and my mouth shall sing forth Your praises.

LEADER : For Thou hadst no delight in mere sacrifices; neither hadst Thou been reconciled by mere burnt—offerings. The sacrifices acceptable to God are a humble spirit, and a broken heart, God despises not.

RESPONSE: Do good to Zion, according to Your good pleasure, and build Thou the walls of Jerusalem. Then wilt Thou be pleased with righteous sacrifices, and in whole burnt offerings. Then shall they offer bullocks upon Thine altar.

ALL : Meet unto You, O God, is glory. ***Barekmor.***

Karthaave jeevante vazhiye vittu

LEADER : O Lord, I am the lost sheep who ran after meaninglessness and left the path of Life. O good shepherd set out in search of me. Do not forsake me so that I may not be lost completely, but count me among your flock and make me worthy to enter your bridal chamber, like the repentant tax collector, the sinful woman, and the wise virgins.

RESPONSE: O God, remit my debts and forgive my sins, as I have sinned. I cry out like that sinful woman. O Lord, who loves mankind, in your glorious coming, make me worthy to sing praises to You with Your saints. In my grief, I am lamenting like the prodigal son. My Father, be kind and have mercy on me. I sinned against heaven and against You. I am not worthy to be called Your son. Accept me at least as a servant. O merciful Lord, forgive me the sins that I have committed against You.

LEADER : When the body abstains from food the spirit should abstain from evil, for the spirit and body should observe lent together. Fasting from food is fruitless if we do not abstain from evil thoughts. Therefore, O Lord, let Your grace be with to steadfastly observe the fast in spirit and body.

RESPONSE: O Lord, in this holy lent enable us to renounce all evils, reconcile with your Godliness, love one another, and to receive mercy and forgiveness of sin. O Messiah the King, in that great day of your revelation, all generations will enter and you will judge and separate the good from the wicked; everyone will move to their appropriate place; when the fiery ocean will roar, may your mercy protect us.

LEADER : O Lord, open Your great door full of mercy, hear our petitions and have mercy on us.

RESPONSE: Lent is good, but if anybody observes lent without love it is fruitless. Prayer is love. If love does not elevate prayer, its wings will be weak. Those who lack love cannot see God.

Karthavine Kondaduvanum

LEADER : How good it is to give thanks to You, O Lord, and to sing praises to Your exalted Name; to declare Your loving kindness at the break of the day, and Your faithfulness during the night.

RESPONSE: O Lord, hearken to our voice at the dawn of the day; and in the morning, let us be found ready by You. O Lord, absolve and pardon all our sins. O Holy one, over—shadow Your right hand upon us, and heal all our infirmities for the sake, of Your eternal Name. **Amen.**

KAUMA

LEADER : Our Father, who art in Heaven...

LEADER : Hail, Mary, full of Grace...

The Nicene Creed (Refer Page : 6)

Prostrations - 10x each

1. Kurielaison!
2. Lord have mercy upon us! or Moran esraham melain
3. Lord be kind and have mercy! Moran hoos raham melain
4. Answer Lord and have mercy! Moran annino raham melain

Glory be to Thee, O Lord.
Glory be to Thee, O Lord;
Glory be to Thee, ever our hope. -Barekmor
Our Father who art in Heaven...
Hail Mary, full of grace